



WYCtr Yoga Teacher Training Program APPLICATION PROCESS & CHECK LIST

Application requested by August 18, 2021 with Tuition Deposit
Early Bird pricing expires June 1, 2021

We will email you when we receive your materials to confirm your spot in class.

- Application for Yoga Teacher Training Program
 - Enrollment & Release form completed with tuition deposit
 - Tuition deposit \$500
 - \$100 Application Fee.
- Payment can be made by Credit Card and/or Direct Deposit.

Gather supplies:

- Yoga Mat, 2 Yoga Blocks, Yoga Blanket, Yoga Strap
- Book list included in the catalog*
- Notebook & pen Highlighters Colored Pencils
- Professional workout clothes to wear to class
- I will practice yoga 4 times a week every week between now and the training beginning in September 11, 2021.
- "The Heart of Yoga" T. K. V. Desikachar \$19.95
- "The Functional Anatomy of Yoga" A Guide for Practitioners and Teachers by David Keil \$25
- "The Yoga Teacher Tool Box" Cards \$59 from Joseph LaPage

*IYT Manuel hand out "first day of class"

Yoga Teacher Application

Please type or print clearly



Office Use Only
Date App Rec'd
Actp Ltr Emailed
Date Tuition Rec'd
Paid Cash / Ck
Direct Deposit
First day payment

General Information:

Applying for: **200 hr Integrative Yoga Therapy Teacher Training Program**

Name _____

E-mail address: _____

Social Security Number ____ - ____ - _____

Date of Birth ____ / ____ / ____ Male Female

Address _____

City _____ State _____ Zip _____

Home phone () ____ - _____ Work phone () ____ - _____

Cell Phone _____

Work address _____

Emergency phone numbers (day & night) _____ In case of

emergency contact: _____ Relationship _____

Educational Background:

(Please state your name on school record, if different) _____

Name _____ City/State _____ Dates Attended _____

Degree High School _____

Degree College _____



Tech/Vocational _____ Other Professional

Courses _____

Health Status:

Allergies (to medication, foods, nuts, oils, latex, other) _____

Special medications needed: insulin, inhaler etc _____

Background Information /Application Questions

- ✓ How long have you been practicing Yoga? How many times per week do you practice?

- ✓ What styles of yoga do you usually practice?

- ✓ Do you have a home practice?

- ✓ Who have been your primary teachers?

- ✓ Do you practice meditation or pranayama?



- ✓ Are you currently teaching yoga? If yes for how long have you been teaching? Where do you teach? What styles(s) do you teach?

- ✓ What are your expectations for the training? What do you hope to achieve at the completion of the program?

- ✓ Up on completion of the program, do you plan to teach? If so What are you most excited about sharing with your community?

- ✓ Have you ever been injured from Yoga Practice? If so, please describe in detail.

- ✓ Describe some of your other interests and hobbies.

Signed: _____ Date _____

Print Name: _____